

**BELIEVE**  
*"Be Like Jesus"*  
**Self-Control**

**INTRODUCTION:**

**1. Galatians 5:22-23**

- a) Love
- b) Joy
- c) Peace
- d) Patience
- e) Kindness/Goodness
- f) Faithfulness
- g) Gentleness

2. **"Self-Control"** or "temperance" can be simply defined as the mastery of oneself, the capacity of individuals to so restrain their emotions, desires and impulses that they can serve others.

**3. Proverbs 25:28**

4. When one lacks **"Self-Control"** he will neglect Christian disciplines:

- a) Prayer
- b) Bible Study
- c) Evangelism
- d) Service
- e) Stewardship

5. The **"Fruit of the Spirit"** reflects the maturing work of the Holy Spirit in a believer's life and becomes apparent to others.

- a) Fruit is **Visible**
- b) Fruit is **Recognizable**
- c) Fruit is **for Others**

6. Our society/culture has **"spiritual AIDS."**

7. The virus of sin is running rampant through our **"cultural system"** without much resistance.

8. The immune system for Society is **"The Church"** and the Church has been weakened.

**9. Ephesians 2:1-3**

10. 1 *Peter* 4:17a

11. **VERY IMPORTANT:** The root of the problem is "**SELFISHNESS**"

a) "*Selfishness*" - is making someone else pay the price for your well-being"

12. 2 *Timothy* 3:1-5

13. Selfless living begins with "**Self-Control**" as individual believers, and grows in the church and expands to the community.

14. 2 *Chronicles* 15:3-6

## I. **THREE AREA'S OF CHURCH FAILURE**

### A. A **CORRECT VIEW OF GOD IS MISSING**

1. Vs 1-3

2. The problem with people in Churches today is that they want a convenient God.

3. People today want to God who they can shove around.

4. The reason people aren't interested in the true God, is because God will mess up their plans.

### B. **BIBLE TEACHERS ARE MISSING**

1. Vs 3

a) "*without a teaching priest*"

2. Churches today are good with that because emotion has replaced truth.

3. *Hebrews* 5:11-14

4. 1 *Timothy* 4:1-2 NLT

### C. **THE LAW IS MISSING**

1. Vs 3

a) "*and without the Law to instruct them*"

2. When a culture has a false view of God built on bad information. God begins to remove the restraint of His Law and evil begins to prevail.

3. Once God is removed from a culture because of the failure of the Church, then the standard for society is gone, and God becomes our worst nightmare.

4. *Galatians 6:7*

5. There is a law at work in our culture - "The Law of Unrighteousness" - It has become so strong that it almost seems as natural as the law of gravity.

## II. AREAS OF BIBLICAL SELF-CONTROL

- *Proverbs 25:28*

### A. WE MUST HAVE SELF-CONTROL OVER OUR TEMPER

1. *Proverbs 14:16-17*

2. *James 1:19-20*

3. *Proverbs 29:11*

### B. WE MUST HAVE SELF-CONTROL OVER OUR TONGUE

1. *Proverbs 13:3* NLT

2. *Proverbs 10:19* NLT

3. *James 3:1-10*

### C. WE MUST HAVE SELF-CONTROL OVER OUR TIME

1. *Ephesians 5:15-17*

2. *James 4:14*

### D. WE MUST HAVE SELF-CONTROL OVER OUR TREASURES

1. *Proverbs 21:20* NLT

2. *Matthew 6:19-21; 24*

**E. WE MUST HAVE SELF-CONTROL OVER SEXUAL TEMPTATION**

1. Samson was a man who lacked Self-Control

2. *Judges 13-16* NLT

**CONCLUSION:**

1. *Galatians 15:16*