

GOD'S MAN - GOD'S TIME - GOD'S PLACE

"Anger Management"

1 Samuel 25

INTRODUCTION:

1. Anger is one of the most debilitating emotions we wrestle with!!
2. **Ephesians 4:26**
3. Anger that turns bad is so unpredictable and can wear so many different faces.
 - a) Sometimes it's just irritation.
 - b) Sometimes it's blurting out things we wish we hadn't.
 - c) AND sometimes it comes out in hostility.
4. **Galatians 5:22-24** ("Not Like Me") - The Fruit of the Spirit
 - a) **Vs 23**
 - 1) "**self-control**" - is a life of discipline
 - 2) Greek - Two words = "**En**" (preposition "in") + "**Kratos**" (Strength, power, rule)
 - b) So "**Self-Control**" - is the ability to *self-govern*.
5. So the big question is "**Who rules your life**"
 - a) **Colossians 3:15**
 - 1) "**rule**" - means to umpire
6. **Galatians 5:19**
 - a) "**Now the works of the flesh are evident...**"
 - b) "**fits of anger**" - Anger is a choice that easily becomes a habit.

I. SETTING THE STAGE

1. **1 Samuel 25:1-(2)**
 - a) "**And there was a man in Maon**
 - b) "**The man was very rich**"
 - 1) "3000 sheep"
 - 2) "1000 goats"
2. **Vs 3**
 - a) "**Nabal**" - the rich man's name
 - b) "**Abigail**" - was Nabal's wife

3. Vs 4

- a) So David wants to collect on his services rendered.

II. THREE MAIN CHARACTERS

A. A BAD MAN

1. Vs 1b-2

- a) "*whose business was in Carmel*"

2. Nabal means fool.

- a) *Psalm 14:1*

- 1) "*A fool hath said in his heart there is no god.*"

- b) **WOW!!!!** A fool then is one who lives his life as if there is no God.

3. Vs 3

- a) "*but the man was harsh*"

- 1) To be harsh means that he was hard, stubborn, belligerent.

- b) "*and badly behaved*"

- 1) To be *evil in his dealings*.

- 2) He was dishonest!!

B. A GOOD WOMAN

1. Vs 3

- a) "*and the name of his wife Abigail*"

- b) "*the woman was discerning and beautiful.*"

- 1) "*discerning*" - wise, intelligent

- 2) "*beautiful*" - on the inside and the outside.

2. Abigail's life was governed by wisdom and good sense.

C. A WELL TRAINED MAN

1. Vs 4-6

2. So David and his men were doing a great job protecting Nabal's shepherds from raiders.

3. Vs 14-16

III. CONFLICT UNFOLDS

A. CONFLICT #1 - BETWEEN HUSBAND AND WIFE

1. Vs 3

a) Nabal and Abigail were polar opposites.

- 1) Their temperaments were different.
- 2) Their behavior was different.
- 3) Their philosophies of life were different.
- 4) The way they treated people was different.

B. CONFLICT #2 - EMPLOYER AND EMPLOYEE

1. Vs 5-6

2. Vs 7-8

3. Vs 9-11

4. Vs 12

5. Vs 13

a) 400 men!!!

C. CONFLICT #3 - BETWEEN ANGER AND MURDER

1. Once anger digs in, it's hard to stop the momentum.

2. Vs 14-17

IV. A GODLY SOLUTION

1. Vs 14

2. Abigail knew exactly who her husband was!!!!

a) Her goal was to protect and defuse the situation.

3. Vs 15-17

4. Vs 18-19

5. Vs 20-23

6. Vs 24-25

7. **Vs 26-28**

a) She was protecting David from doing something regretful - murder.

8. **Vs 30-31**

9. **James 4:17**

10. **Vs 32**

a) David was so grateful that Abigail had stopped him from doing something stupid.

11. **Vs 33-34**

a) Uncontrolled anger will make a mess.

12. **Vs 35**

a) Everyone wins.

b) BUT when people are over-ruled by their anger issues - nobody wins.

13. **Vs 36**

14. **Vs 37-38**

15. **Deuteronomy 32:35**

16. **Vs 39a**

a) We have no idea how God will work a situation out!!!

17. **Vs 39b-42**

FOUR TAKEAWAYS:

1. When faced with Conflict - **Pray for Discernment**
2. When faced with Conflict - **Don't respond in the flesh!!!**
3. When faced with Conflict - **Handle one at a Time**
4. When faced with Conflict - **Be Patient**